



# CULTIVATE SESSION DESCRIPTIONS

CUSTOMIZED TRAINING TO GROW GREAT GGK SKILLS

## Session 1: Activities and Handouts

Play is the work of childhood...and GGK® delivers! In this session, we'll explore the importance of play, how to facilitate activities during the visit, packing supplies, sharing visuals, and using the corresponding handouts. Participants will get the opportunity to view a demonstration and role-play various parts of the activity process in this session. To fully engage in this session, participants will need the Fidelity Guide, Birth to 6 Months manual, and Key Ingredients Ring.

## Session 2: Core Competencies for Home Visitors

Research tells us that there are eight core competencies for effective home visiting. What are the eight, and how can they be developed? In this session, we'll dive into each core competency, discuss how each competency, impacts families and home visits, explore the core competency self-assessment tool, and discover how ongoing development can foster these competencies. Participants will need their Fidelity Guide to engage in this exploration.

## Session 3: Creating a Strong Connection to the Fidelity Guide

You've heard all about the Fidelity Guide in training, but what's the purpose of it after Tier I? In this session, participants will get a deep dive into how to navigate the Fidelity Guide, how to use it to support their skill-building, and get hands-on practice using it to find answers to their questions.



## Session 4: Home Visit Demonstration - Development-Based

In this session, participants will watch a Great Kids® Trainer demonstrate a home visit with a program family using a **development-based module**. Participants will be asked to bring their Birth to 6 Months manual to follow along. After the demonstration, participants will have the opportunity to debrief the visit with the trainer.



## Session 5: Home Visit Demonstration - Jump Start

In this session, participants will watch a Great Kids® Trainer demonstrate a home visit with a program family using a **Jump Start module**. Participants will be asked to bring their Jump Start manual to follow along. After the demonstration, participants will have the opportunity to debrief the visit with the trainer.

## Session 6: Home Visit Demonstration - Growing Great Families® Next Generation

In this session, participants will watch a Great Kids Trainer demonstrate a home visit with a program family using a **Growing Great Families® Next Generation module**. Participants will be asked to bring the Growing Great Families® Next Generation manual to follow along. After the demonstration, participants will have the opportunity to debrief the visit with the trainer.



## Session 7: Incorporating Culture Into Home Visits

One unique aspect of GGK® is that it is designed to be flexible and responsive to each family. In this session, participants will learn more about culture, how to tailor the curriculum to the family's culture and get hands-on practice planning an individualized home visit. Participants will be asked to bring their Fidelity Guide, Birth to 6 Months, and Growing Great Families® Next Generation manuals to this session.



## Session 8: Intentional Planning for Home Visits

Home visits are more successful when they are intentionally planned with the family in mind. In this session, participants will learn more about how to use the GGK® GPS Tool to plan for home visits, tailor visits to family's interests, and use the curriculum emergently to meet a family's needs. Participants will need to bring their Fidelity Guide and Birth to 6 Months manual to this session.

## Session 9: Introducing the Key Ingredients Using Jump Start

The Jump Start manual includes all introductions to the Key Ingredients. In this session, participants will learn more about how to introduce the Key Ingredients, use the corresponding visuals, follow up using a development-based manual, and finally, introduce another Key Ingredient. The art of introducing Key Ingredients takes time and practice, so in this session, participants will get hands-on experience navigating the Fidelity Guide, Jump Start manual, the Birth to 6 Months manual, and their Key Ingredients Ring.

## Session 10: Navigating GGF® Next Generation: A Proactive Approach

We know that home visitors and families love GGF®, but when and how is it best used when we're also using GGK® manuals? In this session, participants will discover how to navigate using GGF® Next Generation along with the GGK® manuals and the importance of using GGF® modules to learn about a family's culture, values, and goals. Participants will also get experience linking GGF® Next Generation and GGK® in this session. The materials needed for this session are Growing Great Families® Next Generation and the Fidelity Guide.



## Session 11: Navigating the Curriculum

So, you want to be a GGK® Home Visitor? Let's explore how to navigate the materials you have available! In this session, participants will learn the roadmap for using Jump Start and the development-based manuals, incorporating GGF® Next Generation into home visits, and when and how to use the materials emergently. Participants will need to bring Jump Start, GGF® Next Generation, Birth to 6 Months manuals, and their Fidelity Guide to this session to get hands-on practice navigating their materials.



## Session 12: Parent's Voice and Choice

We know that when families have a voice in the services they receive, there are better outcomes for everyone! In this session, participants will explore how to incorporate voice and choice in planning visits, how to use the curriculum emergently, and seek more input with families using the GGK® GPS Tool or other planning tools. Participants will need to bring their Fidelity Guide and Birth to 6 Months manual to get hands-on practice in planning for visits that reflect a family's voice and choice.



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### **Session 13: Role Playing - Development-Based**

In this session, a Great Kids® Trainer will prepare participants for hands-on practice by facilitating a development-based module. Throughout this experience, the trainer will provide gentle coaching and strengths-based feedback. After the role-playing experience, participants will have the opportunity to debrief with the trainer. Participants will be asked to bring their Birth to 6 months manual and their Key Ingredients Ring to this session to engage in the role-playing experience fully.

### **Session 14: Role Playing - Jump Start**

In this session, a Great Kids® Trainer will prepare participants for hands-on practice by facilitating a Jump Start module. Throughout this experience, the Trainer will provide gentle coaching and strengths-based feedback. After the role-playing experience, participants will have the opportunity to debrief with the trainer. Participants will be asked to bring their Jump Start manual and Key Ingredients Ring to this session to engage in the role-playing experience fully.

### **Session 15: Role Playing - Growing Great Families® Next Generation**

A Great Kids® Trainer will prepare participants for hands-on practice by facilitating a Growing Great Families® Next Generation module in this session. Throughout this experience, the Trainer will provide gentle coaching and strengths-based feedback. After the role-playing experience, participants will have the opportunity to debrief with the trainer. Participants will be asked to bring their Growing Great Families® Next Generation manual and Key Ingredients Ring (including The 4 Me's) to this session to engage in the role-playing experience fully.

### **Session 16: Uncovering the Key Ingredients: Builders Daily Do's**

The Key Ingredients are the core parenting skills central to the GKG® curriculum. We know that when parents are consistently responsive in caring and supportive ways, children thrive. In this session, participants will learn about each Builder Daily Do, how the development-based manuals support each one, and how to integrate them into every home visit. Participants will need to bring their Fidelity Guide and their Key Ingredients Ring.

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### **Session 17: Uncovering the Key Ingredients: Steppers Daily Do's**

The Key Ingredients are the core parenting skills central to the GKG® curriculum. We know that when parents are consistently responsive in caring and supportive ways, children thrive. In this session, participants will learn about each Steppers Daily Do, how the development-based manuals support each one, and how to integrate them into every home visit. Participants will need to bring their Fidelity Guide, Birth to 6 Months manual, and Key Ingredient Ring.

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### **Session 18: Uncovering the Key Ingredients: Attachment Boosters**

The Key Ingredients are the core parenting skills central to the GGK® curriculum. We know that when parents are consistently responsive in caring and supportive ways, children thrive. In this session, participants will learn about each Attachment Booster, how the development-based manuals support each one, and how to integrate them into every home visit. Participants will need to bring their Birth to 6 Months manual and their Key Ingredient Ring.

### **Session 19: Using Developmental Milestones Checklists**

Growing Great Kids® offers families the opportunity to check in on their child's development and support their healthy growth. In this session, participants will learn more about how to use the developmental milestones checklists during visits, how to support parents in choosing modules based on what they want for their child, and when there are developmental delays present. Participants will get a hands-on opportunity to use the milestones checklist in a role-playing experience while a Great Kids® trainer provides gentle coaching and feedback. Participants will need to have access to their Fidelity Guide and Birth to 6 Months manual to engage in this experience fully.

### **Session 20: Using the Great Kids® Assessment Tools**

You learned that there are best practices for using Growing Great Kids® and Growing Great Families®. How can you assess how practice is going and grow your skills? GK® Assessment Tools are the key! In this session, we'll discuss the tools available, their purpose, and how to use them to support future growth. Participants will get hands-on practice using the tools and set goals for growing skills and knowledge. Participants will need access to the Fidelity Guide to fully engage in this session.





# CULTIVATE SAMPLE SCHEDULE

Your program chooses the number of days for training and selects the sessions

*Day 1*

*Morning Sessions*

**Topic:**

**Topic:**

*Afternoon Sessions*

**Topic:**

**Topic:**

*Day 2*

*Morning Sessions*

**Topic:**

**Topic:**

*Afternoon Sessions*

**Topic:**

**Topic:**

*Day 3*

*Morning Sessions*

**Topic:**

**Topic:**

*Afternoon Sessions*

**Topic:**

**Topic:**

